

LSCI Refresher Course

The one day LSCI Refresher Course provides a thorough and comprehensive review of the major skills and concepts of LSCI as well as a forum for certified professional to share their real-world experiences with LSCI. The curriculum features:

- An overview of the six most common patterns of self-defeating behavior in troubled and troubling children and youth
- The LSCI Conflict Cycle
- A comparison of the uses and benefits of Short-term vs. Long-term reclaiming interventions
- A detailed review of the six LSCI Reclaiming Interventions, including unique insights and outcome goals
- Extensive role play and diagnostic situations
- LSCI Tools and Innovations from practitioners around the world

Who Should Attend?

The LSCI Refresher Course is designed for participants who have successfully completed the LSCI Certification Course and who have been using LSCI for at least six months.

It is designed as both a forum to discuss the highlights and challenges of implementing LSCI in the real-world and as a laboratory to practice and sharpen interviewing skills.

This is a one-day training. 6 CEU's are available for licensed professionals.

Please visit www.lsci.org for details.

Where is LSCI Training held?

The LSCI Institute has over 30 Training Sites across the United States, Canada, Europe, Australia and New Zealand.

To find a class and training location near you, please visit www.lsci.org.

For groups of 10+ participants, please ask about how we can bring LSCI to you!

Our Goal:

One of the key elements of LSCI is the development of trust between the staff and the student. When confronted with a crisis, the adult must be the mediator between the student in stress, the student's behavior, the reactions of others, and the private world of feelings that students are sometimes unable to handle without help. In the LSCI model, children and youth in crisis:

- Are valued and treated with respect
- Learn to trust caring adults and use them for support in times of crisis
- Become aware of their patterns of self-defeating behavior
- Acquire strength-based social skills
- Learn to accept responsibility for inappropriate actions

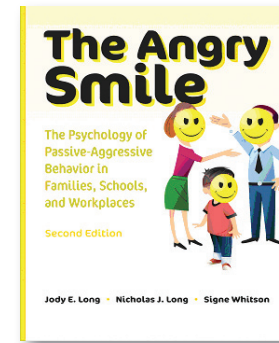
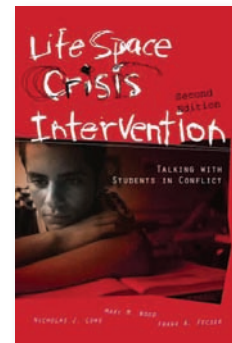
LSCI

LSCI

INSTITUTE

Turn crisis situations into learning opportunities

The non-physical intervention trainings that empower professionals to intervene effectively with youth



The Life Space Crisis Intervention Institute

Hagerstown, MD
www.lsci.org

For additional information please contact Signe Whitson
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www.lsci.org



LSCI Certification Course

Are you spending most of your time with only a few of your students...and getting nowhere?

Learn what to do when a youth:

Displaces Anger: Acts out on unsuspecting helpers, sparking explosive and endless power struggles.

Has Errors in Perception: Students in stress misbehave based on distorted thought patterns and perceptual errors.

Displays Limited Social Skills: Students have the right intentions and motivation but lack the social skills to be successful.

Justifies Harmful Behavior: Students are purposely aggressive and exploitive with little conscience.

Is Driven by Impulsivity and Guilt: Students burdened with inadequacy and shame act in self-damaging ways.

Is Vulnerable to Peers: Students entangled in destructive peer relationships are vulnerable to manipulation.

Please visit www.lsci.org for more information and scheduling details.

How can certification in LSCI help you?

The Skills: Training in LSCI provides a foundation for professionals in the therapeutic talking strategies they need to help children engaged in self-defeating patterns. Based on the LSCI Conflict Cycle, the course emphasizes essential skills for professionals to understand and manage their own feelings when intervening with aggressive or out-of-control behaviors.

The Theory: This training integrates psychodynamic, cognitive, behavioral and pro-social theories into a dynamic and comprehensive approach to reclaiming troubled children and youth.

The Process: LSCI believes that the process of helping involves having the ability to listen deeply to the personal stories of children and youth and to recognize that their message is often not in their behaviors but in their underlying thoughts and feelings.



Facts about LSCI:

Proven results: Over 12,000 professionals rated LSCI as their best in service training experience.

Research: Studies documented that professionals who have completed LSCI training report fewer restraints, time outs and crises.

Recognition: LSCI has received international recognition for demonstrating that staff working directly with troubled students can turn a crisis into an opportunity for insight and learning.

The LSCI Certification Course is a 5-day, competency based training offering advanced professional skills. Up to 3 graduate credits in Psychology or Special Education and 30 CEU's for licensed social workers and licensed professional counselors are available.

The Angry Smile



The Angry Smile course comprehensively examines passive aggressive behavior in children, adolescents and adults, within families, school settings, and the workplace.

The Angry Smile takes an in-depth look at the roots of passive aggression, exploring the behavior at five distinct and increasingly pathological levels. The course features the Passive Aggressive Conflict Cycle as well as eight specific skills that professionals can use to respond effectively to the troubling behavior.

Do you live or work with a child who:

- Denies or represses feelings of anger
- Withdraws and sulks
- Sends hidden, coded and confusing messages when frustrated
- Procrastinates or carries out tasks inefficiently
- Is quietly manipulative and controlling
- Makes endless promises to change
- Creates a feeling in others of being on an emotional roller coaster

This is a one-day training. 6 CEU's are available for licensed professionals.

Please visit www.lsci.org for details.



LSCI Group Curriculum

The eight-session social-emotional curriculum helps kids learn about the six common self-defeating behaviors featured in LSCI training and how to avoid falling into these troublesome patterns.

The LSCI Group Curriculum is intended as a helpful tool for LSCI-certified professionals trying to integrate LSCI into their classrooms and therapeutic milieus and also as a tool for professionals who desire to run effective groups with clients.

This highly engaging curriculum uses group activity, discussion, journaling, and art to teach group members about:

- Expressing Anger Assertively
- Understanding Others' Perspectives
- Making Good Behavioral Choices
- Taking Responsibility for Poor Behavioral Choices
- Controlling Impulses
- Choosing Healthy Friendships

Training in Life Space Crisis Intervention...

*Because Crisis Never
Makes an Appointment*